



Shaping the future of general practice

Annual Report 2019



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Who we are

Advise

From partnership issues to business planning, we provide valuable, up to date and expert advice to GPs and their practice managers on essential subjects including premises and contractual matters. Alongside our in house experience and knowledge, members benefit from our close relationships with the BMA, the General Practitioners' Committee (GPC), the CQC, other LMCs, and specialist legal support.

Support

We provide support for members' health, welfare and careers. Because we understand the challenges of working in General Practice, with increasing demand and workload, you can be confident of confidential and experienced support from us whenever you need it. We support doctors in dealing with issues with appraisal, revalidation and performers list membership, even when the medical defence organisations are unable to help. We support doctors returning to work, undertaking remediation or involved in enquiries into their performance by the GMC or NHS England.

Represent

We represent practices on bodies including NHS England regional team, Clinical Commissioning Groups, Public Health, Local Authorities, Health Watch and the Care Quality Commission. We represent GPs' view to the local media, and we help practices dealing with media enquiries. When doctors are being investigated or their contracts are at risk, we are there to help and support. The LMC is a completely independent body recognised by statute. We are a democratic organisation with a governing body of representatives, elected by our members.



How we are funded

The statutory levy is at present set at 42p per registered patient. The statutory levy is used to fund all local activity and daily running of LLR LMC including payments made to LMC staff, LMC accommodation and backfill payments for any work carried out on behalf of the LMC to attend meetings or support for GPs, as well as paying for services including our legal advisor and the events we run.

The statutory levy is set by each individual LMC in accordance to what is required to fulfil and deliver the above requirements. The statutory levy varies from each LMC in regards to pence per patient, and our understanding is we are in the middle range in regards to what we obtain.

The formal explanation states Section 97 of the NHS Act 2006, as amended, sets out the arrangements for funding LMCs.

This is usually referred to as the statutory levy and it requires the Commissioner to provide funds to the LMC and then to recoup these costs from contract holders. To that extent this levy is statutory and cannot be avoided.

The voluntary levy is currently set at 6p per patient registered patient. The voluntary levy contributes to the funding for the national activity including the conferences, national negotiators and payment of activity towards the GPC. The GPDP requests this money from LLR LMC, which is calculated based on population within LLR. The voluntary levy is voluntary, however, if individual practices opted out of this levy then their share would have to be made up by contributing practices.



Chair’s report

Dr. Nainesh Chotai

I would like to welcome colleagues to this annual report which is the first of this electoral term.

The annual report gives me the opportunity to both acknowledge and thank our office team, Charlotte Woods and Meera Tailor for their hard work, dedication and support offered to our levy payers.

I also thank the LMC board for its guidance and wisdom and congratulate colleagues for their election onto the board following the first competitive elections held for LMC board posts in the last twenty years. I am personally encouraged that competitive elections took place for the present board as I feel that this recognises that the LMC is having increasing relevance to our levy payers.

The last year has seen continued challenges to general practice, with increasing workload due to both increase in patient, CCG and UHL demands. The LLR LMC continues

to represent general practice at the Transferring Care Safely Committee, CCG Primary Care Commissioning Committee’s and regular liaison meetings with the CCG Chief Executives to stem unnecessary workload and to encourage the appropriate resourcing of workload.

This year has seen the advent of Primary Care Networks and the LMC has worked with our national colleagues to put on appropriate roadshows and worked closely with CCGs to see the successful establishment of networks throughout Leicestershire. The LMC has set up an Accountable Clinical Director (ACD) forum and we hope to work closely with our ACDs to further the interest of general practice.

The LLR LMC continues to hold regular meetings and seminars on topical matters to further the business of general practice. We continue to support our colleagues who face difficulties with the regulators as well

as offering support to practices with internal challenges between colleagues.

In 2018, we were able to negotiate Christmas practice closure successfully without compromising the reasonable needs of patients and we hope to broker a similar arrangement for this year.

For the coming year, the LLR LMC hopes to focus on strong engagement with the Primary Care Networks and to forcefully progress the appropriate funding of non-core services, this is an area that the CCGs have continued to progress slowly.

The present board continues the prudent use of levy payer’s money as the LMC strives to provide maximum value to its levy payers.

I commend this annual report and the annual accounts to our levy payers and look forward to meeting you at our Annual General Meeting.

LLR LMC Board Members & Office Staff Profiles

Board Members

County representatives

Dr. Nainesh Chotai was re-elected as Chair in October 2018 for this electoral term and has been an LMC member for 20 years. He is a GP Partner, GP trainer, and practice representative to locality meetings with his Clinical Commissioning Group.

Dr. Anu Rao trained as a GP in Hinckley. She is a GP Partner at Forest House Surgery, Shepshed, and is also a GP trainer. She has recently taken on the duty of Chair, GPC IT policy.

Dr. Shiraz Makda graduated in 2008 from Leicester Medical School, completed VTS locally, was elected as AiT representative RCGP Leicester Faculty and is currently First 5 lead.

Dr. Sumit Virmani has been a GP Partner in Whitwick since 2009, when he finished his vocational training. He has a special interest in joints, minor surgery and occupational health. He is also a GP appraiser and Out of Hours trainer. He represents the County on the LLR LMC board

Dr. Fahreen Dhanji is a GP Partner at Latham House Medical Practice in Melton, having worked there since 2009 after completing her VTS training. She is currently a GP trainer and has a specialist interest in ENT and minor surgery. Dr Dhanji joined LLR LMC after she was co-opted onto the board in August 2016.

Dr. Vikram Bolarum is a GP Partner at The Burbage Surgery in Hinckley. He has been a GP trainer for the last nine years and has been involved with the undergraduate teaching for the Leicester medical students. Dr Bolarum was co-opted onto the LLR LMC board in March 2018, he is a County representative. Dr Bolarum also sits on both the local and fellowship committee of the RCGP.

Dr. James Ward-Campbell was elected to the LMC board in August 2019. He has been a GP in Castle Donington for the past 16 years, and am a regular attendee at the locality meetings and a board member of the local GP federation.

Board Members

City representatives

Dr. Amit Rastogi was elected to the LMC board in September 2019 and will be a City representative.

Dr. Rajiv Wadhwa is a GP working mainly in Leicester City for the last 15 years. He worked in secondary care as a Specialist Registrar and left a chartered and planned career in Cardiology to become a GP, as he liked the charm of continuity of care and relationship building with patients. He was co-opted onto the LLR LMC board last year. His special interests include Primary and Secondary care interface. He is a GP Appraiser, a Trainer and a Mentor. He also sits on Executive Board of Leicester City Health Federation.

Dr. Hisham Haq is a full time GP Partner In Leicester. He has been an LMC Committee member since 2010. Dr Haq is the Treasurer for the LMC.

Dr. Grant Ingrams has been a GP in Leicestershire for 2 years, currently working as a GP Partner in Leicester City. Prior to this he worked in the West Midlands for many years. Dr Ingrams has also been on the GPC since 1994 with roles as Deputy chair of Commissioning Subcommittee and Chair of IT Subcommittee.

We would like to thank **Dr. Ghouri** and **Dr. Rizvi** who have resigned from the LMC board this year to take on new opportunities.

LMC Office

Staff

The LLR LMC Office staff are our members first point of contact. They offer general advice, answer queries and organise the support for cases, as well as producing information to keep our members up to date whether it be from the monthly Newsletter, website or via social media.

Charlotte Woods joined the LMC team in 2014 and oversees the day to day running of the LMC office. Duties include representing the LMC at a variety of meetings, including Practice Managers Forums and CCG liaison meetings.

Charlotte has a vast amount of knowledge and can support practice managers with queries, as well as managing our case management system.

Meera Tailor joined the LMC team in June 2019 and is looking forward to a new challenge and working in a new team. Meera previously worked for a Housing Association with over 12 years experience.

Meera's main responsibility as a administrator will be being the first point of contact for our members via telephone and email as well as supporting the daily running of the LMC office.

Case lead report

Dr. Shiraz Makda

Another busy year and we find ourselves compiling this report for all our members. Over the last year we have dealt with over 210 cases and these have ranged from hot topics such as PCNs to Practioner Performance concerns.

I would like to thank the cases team for their sterling efforts again this year and I believe we have progressed massively in advising, supporting and representing.

I hope you have all had a good experience with any contacts that you have made with the LMC office and we strive to continue to improve this for you all and deliver the best advice we can.

This year I completed the NHS England Case Investigator training - not to pursue this as a role but more to be able to understand fully the processes and systems that Practitioners may face hence benefiting our members.

We recognise the stressors that our profession can have on our daily lives especially when we are faced with complaints or difficult situations and we aim to be compassionate, caring and supportive in our manner.

As GPs we work with uncertainty every day but as your LMC team we are certainly there to support you.

West Leicestershire representative

Dr. Sumit Virmani

I would like to thank all our constituents for electing me back on the board of LLR LMC to represent them. We all know that we have had yet another challenging year in general practice and it makes me feel really proud that we embrace the change and keep working hard to support our population.

I am currently the lead for West Leicestershire area within the LMC, which means I attend the PCCC meeting and liaison meeting for that area on behalf of the LMC, to represent key issues raised by our members.

At the LMC we have been working more closely with CCG, NHS England and GPC to make sure that these changes are safe for the patients and appropriately resourced for primary care to deliver. One of the biggest changes we have seen in the last year has been the New GMS contract and development of the PCNs.LMC has been actively involved across LLR with the development of PCNS and I have worked very closely with our local PCN at North West Leicestershire.

We GPs have been acting like sponges absorbing all that has been passed our way, cleaning up the mess trying to help the patients. However this year we have been actively been involved in negotiating resources for “Discretionary services” and we have seen some recognition of this in the QUIPP scheme while the CCG are working on specification for things like Ear syringing , Vaginal pessaries, removal coil and complex dressing. This is only the start!!!!

I have been able to represent all of you at the LMSG meetings where we are currently working on the shared care drugs pathway and again resourcing it appropriately and making it paperless.

In the coming year I would like to continue supporting our members and representing them to achieve best for primary care. I shall continue to work closely with the PCNs and CCG. I hope we can make sure that the planned care work coming out of secondary care is safe and well resourced.

Look forward to seeing you at the AGM.

East Leicestershire & Rutland representative

Dr. Fahreen Dhanji

I would like to start with thanking all constituents in the East for electing me to represent them on the East LLR LMC Board.

This has already been a landscape changing year with the formations of PCNs and I feel privileged to be part of this change and hopefully facilitating our members to understand and adapt to these challenging albeit innovative times.

After many years of chronic underfunding in general practice, we are finally seeing some funding coming our way to strengthen and keep general practices strong and recognised as the jewel of the NHS.

As a LMC we have organised events for the clinical directors of the PCNs and are committed to continue supporting the development of ACDs and PCNs. We have close links with the GPC and are able to get direction directly from them to many questions being raised by PCNs.

I have just started representing the LMC on behalf of the East at the CCG PCCC and liaison meetings and hope to make sure that our practices are treated fairly and equitably across the LLR landscape.

I am also part of a working group formed by the West, City and East LMC members that is looking at discretionary/ non GMS services provided by primary care in LLR and we are hoping to make sure that GPs are funded appropriately for work done and delivering services for our patients that are safe and effective.

I look forward to the next few years to continue to serve our practices to the best of my abilities and once again would like to thank you all for your ongoing support.

Leicester City representative

Dr. Rajiv Wadhwa

This year I have taken on the LMC representative at City PCCC and liaison meetings. Through this I have actively represented the views of our City GPs to ensure transparency, consistency and that work coming to primary care from secondary care has a clear funded pathway. I have supported practices through queries and challenges with forming PCNs as well as negotiating sub-contracting arrangements and attending contract reviews. I am pleased to confirm that the City has accepted the LMC proposal to provide sub-contracting arrangements to practices on Christmas Eve and New Year's Eve, 4pm-6.30pm

I am working hard to bring a resolution to long standing issue of Thursday afternoon closure and have made promising progress towards resolving this for once and all.

I look forward to serving LLR GPs and in particular the City GPs over next year.

Treasurer's report

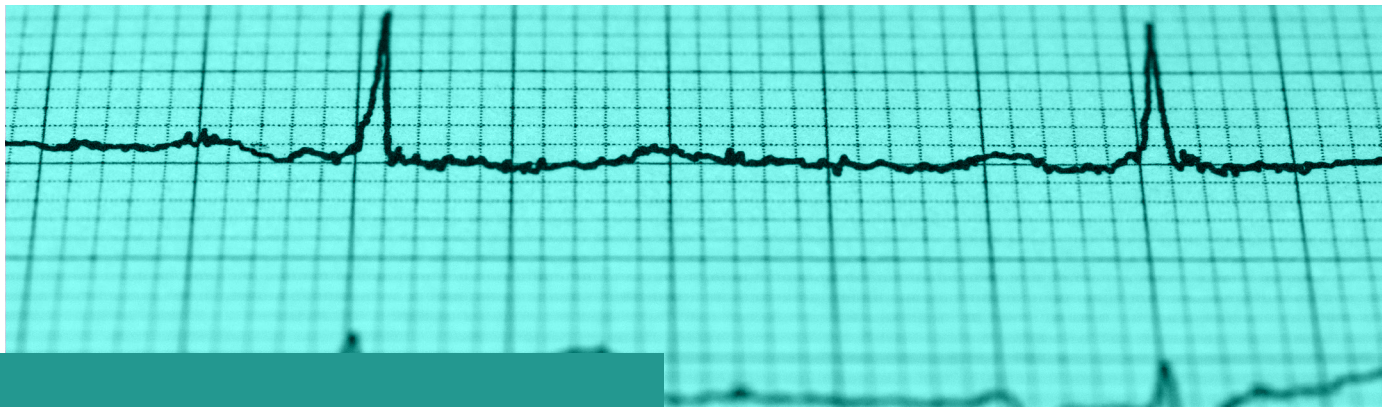
Dr. Hisham Haq

The LLR LMC finances remain in a stable and healthy state. We look positively towards the following years and deploying the levies in a positive manner towards the betterment of LLR practices and their staff.

We have this year funded the practice manager's conference and supported constituent practices with legal advice. Our

speaker's events have been received warmly and we remain focused on providing support, advice and representation for all LLR member practices.

I would commend the accounts to the AGM.



National representative

Dr. Anu Rao

It has been another exciting year of new promises from the Department of Health, the biggest change comes with the advent of Primary Care Networks (PCNs). I am filled with cautious optimism for the future of PCNs. There are lots of challenges ahead in the coming years, along with a momentum to adapt and change across all sectors of primary care.

I feel privileged and humbled to support the dedicated GPs and their teams of LLR. We as the LMC team have been proactive in supporting practices to form PCNs. This has included mediation and providing first hand support and advice on all issues relating to PCNs. We have continued to work collaboratively with the CCGs and are never afraid to challenge the norm. We continue to ensure that non-contractual and unfunded work are bounced back, ensuring that resilience in general practice becomes a paramount priority for everyone.

I also continue to represent your views and concerns nationally in my role as the General Practitioners Committee voting board member.

It's my pleasure to also be appointed as the GPC IT policy Chair from September. There are many digital contractual promises that need to be implemented by April 2020, for example online access to records, online consultations etc. I shall continue to lobby for infrastructure and resources to ensure that practices are supported in order to implement these digital services.

I shall endeavour to keep you all informed of progress on national policies.

I truly believe that whatever the landscape in the future, Primary Care has and will remain the jewel in the crown of the NHS.

Financial information

Leicester, Leicestershire and Rutland Medical Committee Trading and Profit and Loss Accounts for the year ended 31 March 2019

	2019	2018
	£	£
Turnover	532,115	524,681
Cost of sales	-	-
Gross surplus	532,115	524,681
Administrative expenses	297,573	385,376
Operating surplus	234,542	139,305

The above results were derived from continuing operations.
The company has no recognised gains or losses for the year other than the results above.

Leicester, Leicestershire and Rutland Medical Committee Limited Trading and Profit and Loss Accounts for the year ended 31 March 2019

	2019	2018
	£	£
Turnover	308,891	388,019
Cost of sales		
Project expenditure	8,797	-
Gross surplus	300,093	388,019

	2019	2018
	£	£
Administrative expenses		
Accountancy	5,400	4,800
Rent and services	8,713	9,379
Light and heat	-8	1,584
Repairs and renewals	1,786	5,430
Depreciation of fixtures and equipment	2,828	2,828
Wages and salaries (non directors)	38,777	41,130
Social security costs (non directors)	3,837	3,423
Other staff costs (non directors)	3,461	5,749
Salaries and fees, directors	26,615	85,143
Social security costs, directors	-	4,918
Medical secretary and committee costs	100,006	93,181
Travel and subsistence	675	1,466
Legal and professional	22,783	22,682
Bank charges	342	120
Transition and development	-	23,832
Licences and insurance	2,530	1,370
IT and computing	5,600	3,611
Telecommunications	4,370	7,208
Printing, postage and stationery	770	855
Subscriptions	410	575
Hire of rooms and refreshments	958	3,068
Conference and seminar expenses	5,423	580
GP defence fund	63,400	63,400
Sundry expenses	1,435	1,699
	300,111	388,031
Other interest receivable	18	12

Although the figures are considered correct at the point of going to print, they are yet to be put under an independent review.
This could lead to other adjustments being required.

2019 Events

This year LLR LMC have hosted several informative events for our members on key matters and themes. The topics have covered the following:

- Practitioner Performance event - 'Maintaining patient and staff safety whilst managing concerns'
- Accountable Clinical Directors events
- Keeping the fire burning - How to manage burnout among Doctors."
- Responding to Complaints Workshop
- GPC Contract roadshow 2019 – New Contracts
- PCN roadshow delivered by Krishna Kasaraneni (GPC)
- A walk-through Core Contracts
- Pensions and Financial planning event
- Complaints workshop delivered by NHSE
- CQC

These events on a whole have been received exceptionally well by our members and we have obtained positive feedback.

The LLR LMC is open to feedback and suggestions for future events. We are delighted to be able to present these events to our members and hope they continue to be beneficial and informative.

“

I found the workshop beneficial, not just from the presentation but listening to other experienced Practice Managers

”

“

I think that this workshop was spot on for what we needed

”

“

It was very helpful and to the point

”



LMC Representation at Meetings

LLR LMC are pleased to report our presence at numerous high-level meetings to ensure we are representing our members.

The LMC are now in attendance at the following meetings:

- Transferring Care Safely
- Shared Care
- Violent Patient Scheme
- GP Data Sharing forum
- Learning Lessons to Improve Care
- Training and Development
- LMSG
- Leicester City PCCC Meeting (Public & Confidential)
- East Leicestershire and Rutland PCCC Meeting (Public & Confidential)
- West Leicestershire PCCC Meeting (Public)
- Flu Planning Meeting
- Primary Care Board
- GP Workforce Group
- Practice Manager Forums

LLR LMC will strive to continue representation at these meetings to ensure our members voices are heard and needs are met.

Contact

LLR LMC is open to hear from all our members for which we will strive to deliver a helpful and professional service.

Leicester, Leicestershire and Rutland Local Medical Committee

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LLR LMC is a Limited Company by Guarantee. Company registration number: 06278584 Place of registration: England and Wales.
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