

15 February 2024

To All Leicester, Leicestershire, and Rutland General Practitioners and Practice Managers,

Dear Colleagues

LLRLMC NEWSLETTER FEBRUARY 2024

Welcome to our February Newsletter which includes feedback from our LMC Board meeting held on 10 February 2024, and other current issues.

Topics in this newsletter:

- 1) [LMC Meeting February 2024](#)
 - 2) [Bariatric Surgery aftercare following surgery abroad.](#)
 - 3) [Removing a Patient.](#)
 - 4) [Community Based Services \(CBS\)](#)
 - 5) [AGM – The Highs and Lows](#)
- [ANNEX ONE: Flow Chart For A Practice Removing A Patient](#)

As always if you have any comments, questions, or suggestions please [contact the LMC](#)

LMC MEETING FEBRUARY 2024

As usual the 'weightier' agenda items are discussed individually below.

Richard Mitchell (Chief Executive Officer UHL) attended the meeting. The LMC continues to benefit from this direct relationship with UHL. If you have any individual problem that could be solved by raising directly with Richard please [contact the LMC](#).

Richard told the LMC that UHL have been able to significantly reduce the waiting time for elective appointments and procedures for many specialities, particularly patients waiting a long time including over 52 weeks.



RTT Waiting times
overview for GPs Fel

Richard has been appointed to be CEO of Northampton General Hospital and Kettering General Hospital in addition to UHL. He is positive that this will bring benefit to LLR patients due to having a wider group of hospitals sharing provision of care to all our patients.

He reported the significant recent problems there have been with the Urgent and Emergency Care Services across LLR, and that waiting times for ambulances to handover patients at LRI has significantly increased again. In addition, they are experiencing an 18% increase in attendances at ED, and a reduction in rate of discharge of inpatients. The current arrangements do not seem to be working well and we have agreed to work with UHL on this to improve the process for referring GPs and our patients.

[Return to top of letter](#)

BARIATRIC SURGERY AFTERCARE, FOLLOWING SURGERY ABROAD

The LMC continues to be concerned regarding the invidious position that GPs are put in when patients contact a surgery expecting aftercare following private bariatric surgery whether in this country or abroad.

We have previously raised this with the ICB and will continue to do so until there is a satisfactory and clear local position. Aftercare is considered by NICE to normally be a specialist service, and it is inappropriate for general practices to be requested to provide this.

The ICB has previously advised that if a patient would have been eligible for bariatric surgery in LLR, then they can be referred for aftercare at UHL. If you refer a patient in this position and the referral is rejected, please inform the LMC. If a patient is not eligible, then they should be advised that they will need to seek the aftercare privately.

The NHS provides a [‘check list’](#) for patients to consider before travelling abroad for travel.

[Return to top of letter](#)

REMOVING A PATIENT.

The LMC continues to receive queries about how to remove a patient. Please see a flow chart giving an easy-to-follow process that the LMC first provided in December 2022 [Annex One](#).

[Return to top of letter](#)

COMMUNITY BASED SERVICES.

The LMC continues to work closely with the ICB on the proposed Community Based Services (CBS) which will replace the current Basket of Services (BoS) Harmonisation and Levelling up services.

The LMC has some residual concerns regarding the BCS which we continue to work towards agreement with the ICB. One of the outstanding issues is the nature of the contract, particularly for practices who opt out from providing one or more of the services. The LMC’s view is that if a practice is not providing a service, then they must not retain any contractual responsibility for it.

In view of this we suggest that practices refrain from signing the contract until the LMC advises that we are content with it.

[Return to top of letter](#)

AGM – THE HIGHS AND THE LOWS- REMINDER

BOOK NOW TO AVOID DISAPPOINTMENT

We still have some places available for our next LLR LMC Annual General Meeting

Date: **21st March 2024**

Time: **6.30pm**

Venue: **Hilton Leicester Hotel, 21 Junction Approach, Leicester, LE19 1WQ**

This year we have TWO very special guests, Katie Bramall-Stainer the current chair of the BMA's General Practitioners Committee, and Adam Kay. If you would like to reserve a place, [please let us know](#). Spaces are limited due to capacity of venue.

AGENDA

6.30 - 7.30pm: Arrival, Dinner & Networking

7.30 – 7.50pm: Formal meeting - opening remarks and questions from members on annual report from Dr Grant Ingrams, LLR LMC Executive Chair

7.50 – 8.30pm: Dr Katie Bramall-Stainer - Chair, GP Committee England - BMA

Katie qualified from UCL in 2003 and completed her GP training in North London in 2008. She spent seven years in partnership from 2010-2016 before taking on LMC roles. Katie was elected Chair of GPC England in August 2023 following chairing the UK Conference of LMCs in 2022 and 2023. She is a firm advocate of the unarguable economic case for GP-led holistic expert-generalism from cradle to grave and suffers from an almost maniacal sense of duty to protect general practices, their amazing staff, and GPs themselves.

8.30 – 9.00pm: Adam Kay

Adam is a BAFTA-winning author, TV writer, comedian and former junior doctor. His first book, *This is Going to Hurt*, spent over a year at number one in the Sunday Times bestseller list, was translated into thirty-seven languages, won numerous awards, and sold over three million copies. He is also one of the country's bestselling children's authors, with titles including *Kay's Anatomy*, the fastest selling kids' non-fiction book of the decade.

Adam's numerous accolades for TV writing include a BAFTA award, a Writers Guild award and a Broadcast award for his BBC/AMC adaptation of *This is Going to Hurt*. As a live performer, Adam has sold out several West End seasons and UK tours. His tour of *This is Going to Hurt* was attended by over 250,000 people. He has innumerable TV credits, and his unique stories from the wards have made him one of the UK's most in-demand performers for corporate and private events. His latest show, *Undoctored*, was the biggest-selling show of the 2023 Edinburgh Fringe, and was followed by a sell-out West End season. It will be touring throughout 2024. Adam is a proud patron of the Laura Hyde Foundation, Doctors in Distress and The Lullaby Trust.

RESERVE YOUR SPACE

All LLR GPs and Practice Managers are welcome to attend the LLR LMC Annual General Meeting and there is no cost, we just ask you confirm your attending by emailing enquiries@llrlmc.co.uk in advanced of the session.

[Return to top of letter](#)

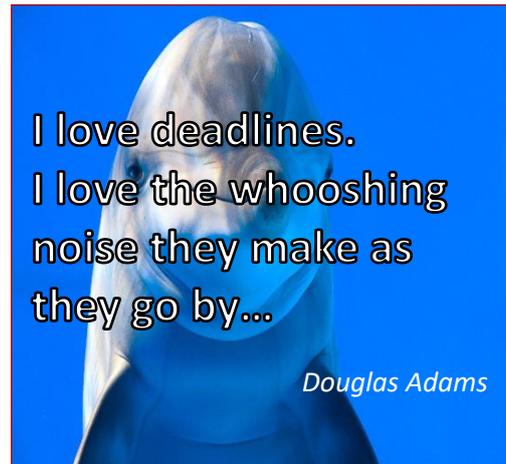
The LMC are in the process of putting together our annual report in time for our AGM in March. It is unlikely to win a Pulitzer prize and I suspect will be largely unread by constituents. However, for the LMC it is a chance to look back over the past 12 months, to consider what we have achieved, what we have not been able to achieve, and what we need to be doing next year. I would commend that you browse it to see the good work that all our Board Members and Office Team have done on behalf of general practice in LLR.

Of course, as expected, I have not started writing the preface yet. I remain at the conceptualisation stage, whilst our wonderful office team continue to remind me to just 'get it done.'

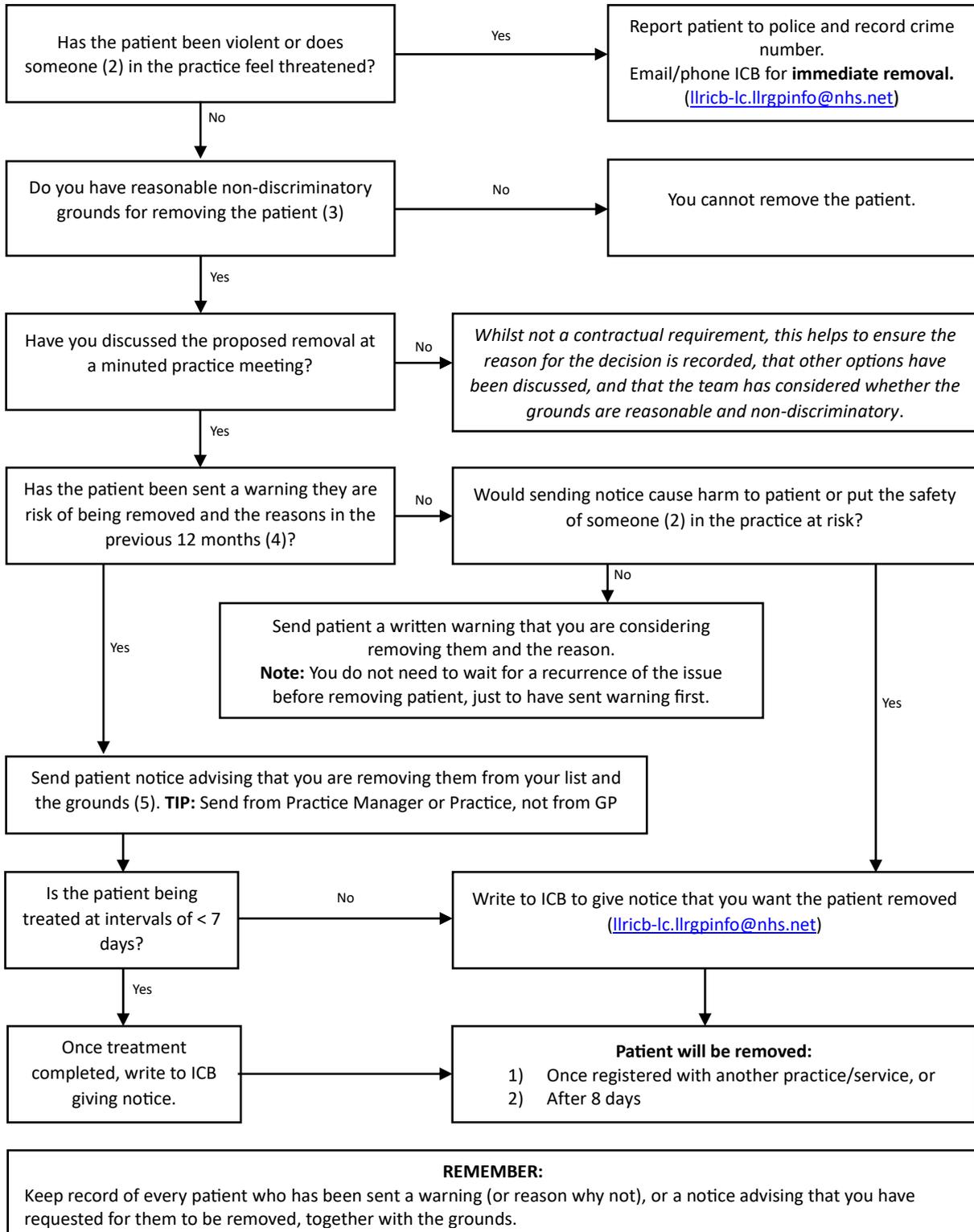
Yours faithfully



Dr Grant Ingrams
Executive Chair, LLR LMC
Grant.Ingrams@llrlmc.co.uk



ANNEX ONE: FLOW CHART: REMOVING A PATIENT BY A GENERAL PRACTICE (1)



REMEMBER:
Keep record of every patient who has been sent a warning (or reason why not), or a notice advising that you have requested for them to be removed, together with the grounds.

1 This flow chart is compliant with Subsections 24 and 25 of Schedule 3 of The National Health Service (General Medical Services Contracts) Regulations 2015 as amended.
 2 Includes any clinical, management or admin staff working at the practice or any visitor/patient
 3 Grounds must not relate to the person's age, appearance, disability or medical condition, gender or gender reassignment, marriage or civil partnership, pregnancy or maternity, race, religion or belief, sexual orientation or social class.
 4 Once warning notice has been served; a patient can subsequently be removed on the same grounds as the notice at any time in the following (no repeat offending needs to occur).
 5 If due to breakdown in relationship, and inappropriate to give more specific reason just state 'breakdown in relationship.'